



ADVENTURE HUB

BANFF SUNSHINE + LAKE LOUISE + MT. NORQUAY



HOW TO INFLATE YOUR SUP

It is important to inflate your SUP correctly, please follow all steps carefully.

- 1** Roll out your SUP on a flat surface.
- 2** To open the valve, first remove the valve cap. Push down on the valve stem and turn clockwise to the right. The stem will pop up, sealing the valve so air will not escape when inflating your SUP. In the sealed position, you can still pump air into the chamber, but when you remove the pump, the valve will not allow air to escape.
- 3** Use your pump to inflate the board to 12 PSI. As you pump, check the pressure on the gauge to ensure you are not over-inflating the board.
- 4** When you're done, screw the plastic valve cap back on to keep water and dirt out of the inner valve.
- 5** The SUP comes with interchangeable fins for tracking purposes. The longer fin provides great tracking and is best for flatwater paddling. Use the shorter one in shallower water where you're willing to sacrifice some tracking ability for easier turning. Experiment to see what combination works best for you. Always place your extra fin back in the carry bag so it doesn't get lost.
- 6** Always wear your life jacket (PFD) and attach the leash to your ankle when in the water.

If you have any questions, please call us!

SKIBIG3HUB.COM
403-762-4754



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HOW TO DEFLATE & FOLD YOUR SUP

It is important to deflate and fold your SUP correctly, please to follow all steps carefully.

- 1** Remove the fin from the SUP and immediately place in the carry bag.
- 2** First remove the valve cap, then press down on the spring-loaded valve stem and turn it counterclockwise to the left. The valve stem is now locked down in the open position, allowing air to escape freely in and out through the valve.
- 3** Once all the air pressure has escaped, replace the cap.
- 4** Starting with the tail, fold over approximately 18". Be extra careful not to fold the fin attachment plates. Bending the plates can easily cause damage, an expense you don't want to incur.
- 5** Continue to fold until you reach the end and all the air is expelled. Place your folded SUP in the carry bag.
- 6** Remove the hose from the pump to avoid damage when packing. Double check ALL items are returned: Fins, Valve Cap, SUP, Paddle, Life Jacket.
- 7** Avoid unnecessary damage by not dragging the carry-bag. Transport the carry-bag using handles and straps. Missing or damaged items are subject to repair/ replacement charges.

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